

## MWC TRAINING SCHEDULE 2016-2017 SKI SEASON

### DECEMBER-

- 3 Directed Free Skiing/MBSEF Basic Fundamentals and Technique
- 4 Directed Free Skiing/MBSEF Basic Fundamentals and Technique
- 10 Directed Free Skiing
- 11 Directed Free Skiing
- 17 Directed Free Skiing
- 18 Directed Free Skiing
- 27-30 Christmas Break Camp - Tuesday through Friday - 9:00am – 1:00pm

### JANUARY-

- 7 GS Training/Mike Puddy Memorial Dual Race
- 8 GS Race - Cliffhanger
- 14 SL Training
- 15 SL Training
- 21 GS Race - Ed's Garden
- 22 SL Race - Ed's Garden
- 28 SL Training
- 29 GS Training

### FEBRUARY-

- 4 GS/Jump Training
- 5 SL Training
- 10 Mt. Hood 4 Way – XC & Jumping
- 11 Mt. Hood 4 Way/Directed free ski at home with coaching staff members
- 12 Mt. Hood 4 Way/Directed free ski at home with coaching staff members
- 18 Dual SL Fun Race/Directed Free Skiing
- 19 SL Training
- 25 SL Training/BW Champs Seeding Race
- 26 GS Training

### MARCH-

- 4 SL Training
- 5 SL Race - Cliffhanger
- 11 SL Training
- 12 GS Training
- 18-19 U12 PNSA Zone Championship/Regular Training at Home
- 25 MWC Finals Combi Race – Cliffhanger
- 25 MWC Awards Banquet Location TBD 7:00pm
- 27-29 Spring Break Camp - Monday-Wednesday - 9:00am to 1:00pm
- 31-2 Buddy Werner Champs Mission Ridge

### APRIL-

- 15 SG/Jump Training - 9:00am to noon
- 21-23 May Day Race