



2017-2018 Freeride Full Time Ski Team

This is our elite team for very motivated riders with the desire to train for and compete in high level competitions. Full Time Team riders train with top-level professional coaches to improve their riding while learning advanced principles of freeride ski competition. This program is primarily designed for athlete participation in USSA and FIS competitions. Riders focus on qualifying for events such as Grand Prix, Junior Nationals, USASA Nationals, Revolution Tours, and other events. Qualification to USASA Nationals via regional series may be attempted if scheduling allows.

On-snow training will focus on all aspects of freeride skiing including slopestyle, halfpipe, and all-mountain freeriding skills. Riders are coached in contest run design, competition strategies, ski tuning/waxing, nutrition, exercise, sports psychology, and sportsmanship. Coaching and athlete support will be provided at scheduled competitions.

On-snow training days are Wednesday through Sunday. Weekend training times are 10:00-3:00. Weekday training times are 12:30-4:00. Full Time Program athletes begin dryland conditioning in mid-September and on-snow training begins when Mt. Bachelor opens for the season. Lockers and wax room facilities provided.

FULL TIME TEAM

MBSEF Freeride Program Director approval required.

Age Requirement - Must be 13 by Dec 31 through postgrad.

Focus is on national/international level events.

<u>Full Time Team</u>	<u>Dates</u>	<u>Fee</u>
5 Day Wed-Sun	Nov 25 - Mar 27	\$3,295

Dryland Fall Training begins Sep 18 and runs through Nov 17

Licensing (USSA, FIS, USASA): All Full Time athletes must purchase a USSA license and FIS license. Applications can be found online at ussa.org. Your application must be received and processed by October 15 to avoid the late fee. The FIS early fee deadline is August 15 to avoid the late fee for the 2017-2018 season. USSA licensing must be completed before registering for a FIS license. A USASA license is recommended and required for qualification to Nationals via USSA events or regional USASA events.

Early Release from School: Athletes in the Full Time training program need to arrange a school schedule that allows them to ride after lunch. Athletes should inform their school counselor that they will be participating in the MBSEF Full Time training program. The teacher, counselor, parent and coach will help coordinate schedules.

Travel: MBSEF travels to scheduled competitions as a group. Lodging and transportation are extra and coordinated through the Program Director and Head Coach. All athletes are encouraged to travel and stay with the team at out of area competitions.

Season Pass: An unrestricted, full season pass at Mt. Bachelor is required. All participants will be responsible for their own season pass. Purchase passes early through Mt. Bachelor to receive the largest savings.

Transportation: Transportation is the responsibility of the participant. MBSEF van transportation is available for a fee outlined on the Transportation Form.

For 2017-2018 registration forms visit
mbsef.org