

MBSEF ALPINE FALL TRAINING CAMP 2021  
NOVEMBER 18-26, 2021  
SUN PEAKS RESORT, BC, CANADA

COST- \$1,500.00

Includes: Van transportation to and from Bend, 1 night travel lodging(18<sup>th</sup>)

LODGING: Nancy Greene Cahility Lodge-Motel room w/2 queens-2 per room. 3220 Village Way, BC, Canada V0E 5N0 Ski in ski out, with ski room in the hotel

MEALS: Full meal package(B,L,&D), on site. Starts with dinner on the 19<sup>th</sup> & ends with breakfast on the 26<sup>th</sup>.

Bring food money for 3 travel days

TRAINING: 6 full days skiing- SL & GS, Directed free skiing drills

Training run is 2 GS courses wide & separate free ski run

Bring SL & GS training equipment & winter clothing

Bring tuning and waxing tools- we supply tables & vices

STAFF: Kent Towlerton, Nils Eriksson, Keenan Seidel, Ian Lambert

CANADA BORDER CROSSING – YOU ARE RESPONSIBLE TO READ/UNDERSTAND ALL RULES/REQUIREMENTS SO YOUR ATHLETE WILL NOT BE DENIED ENTRY/EXIT AT THE BORDER.

Crossing at Sumas, north east of Bellingham, WA

Requirements: Current Passport- can use Birth Certificate + Photo ID for juniors

Vaccination Card- Uploaded to ArriveCAN app(APP Store)

Covid Test 3 days before crossing- test must be a: PCR, RT-PCR, Quantative PCR, NAT, NSSTs, RT-LAMP, to be accepted. No Rapid antigen tests accepted.

CANADA- Go to: [cbsa-asfc.gc.ca](https://cbsa-asfc.gc.ca) -for entry information/rules.

USA- Go to: [help.cbp.gov](https://help.cbp.gov) - for return information/ rules.

Minors need to have a signed travel permission letter we will make available to download.

If parents want to travel to Sun Peaks, there is a 40% discount on any available rooms in the Cahility and 20% off any Bear Country properties in Sun Peaks. Mention you are with the SPOKANE PARENTS GROUP. 1-800-811-4588.

Register online at [mbsef.org](https://mbsef.org) races/events/trips/camps button **by October 10**, if you are planning on going.