



2021-2022 Nordic Stevenson Youth Program

Ages 7-11 - Grade 2,3,4,5

The Stevenson Youth Program (SYP) is designed to foster a lifelong appreciation for the sport of Nordic skiing, a love for the outdoors, and a basic understanding of our amazing winter environment. In the SYP skiers in 2nd through 5th grade, (ages 7-11) will participate in a 3 day Winter Camp followed by 10 Saturdays and/or 10 Sundays at Mt. Bachelor Nordic Center, or 10 Tuesdays/Wednesdays/or Thursdays at Meissner Sno-Park of progressive, age appropriate activities that will develop their XC skiing skills, fitness, environmental awareness, and love for the outdoors in a fun and challenging environment.

SYP participants are offered a fun environment where they can play group games, embark on trail adventures, experiment with racing, learn how to take care of their equipment and ski in small groups based on age, focus and ability.

Daily Schedule: Saturday and/or Sunday athletes meet their coach outside of the Mt. Bachelor Nordic Lodge at 9:00am. Parents can meet their athletes as they return to Mt. Bachelor Nordic lodge at 10:30 a.m. Tuesday/Wednesday/or Thursday athletes meet their coach at Meissner Sno-Park at 3:30pm Tue/Thu, or 2:00pm Wed, and are picked up at 5:00pm (Tue/Thu), and 3:30pm (Wed).

Enrollment Options: 10 weeks for everyone. Plus 3 day Winter Camp at no charge for everyone.

Flexible Classic and Skating Sessions: It is critical that these young skiers have successful skiing experiences, and at times the weather in the Cascades can make that a challenge. To accomplish this, MBSEF will announce the schedule of classic and skating sessions by email and on the MBSEF Nordic Calendar (based on weather reports, grooming, etc.) a few days before each weekend. There does come a point where skiers need to learn to ski in all conditions, but at this age our number one goal is help the skiers find success and have fun.

Program Dates: - (visit mbsef.org nordic home page training calendar for specific training updates)

Skyliners Ski Swap:	October 8/9
Parents Meeting:	TBD at MBSEF
Mt. Bachelor Winter Camp:	December 27, 28, 29 at 9:00-10:30am
Meissner Winter Camp:	December 29, 30, 31 at 12:00-1:30pm
Tuesday Sessions:	Jan 4 through Mar 8
Wednesday Sessions:	Jan 5 through Mar 9
Thursday Sessions:	Jan 6 through Mar 10
Saturday Sessions:	Jan 8 through, Mar 12
Sunday Sessions:	Jan 9 through Mar 13

Events: Throughout the year the skiers will participate in special event days that consist of a family event, paintball biathlon, super hero day, and obstacle course day. We always end the program on the last week with a sweet treasure hunt through the trees.

Trail Passes/Transportation: All participants will be responsible for their own passes. Go to www.mtbachelor.com for early season deals. Transportation is the responsibility of the participant.

Equipment: Skiers need their own classic and skate equipment (skis, poles, boots). Equipment can be obtained at the Skyliners Ski Swap in October, Sunnyside Sports, Mt. Bachelor, Latitude 44 and Webcyclery. Also, MBSEF hosts an in-house swap after the parent meeting.

For 2021-2022 registration forms visit
mbsef.org