

MBSEF ALPINE FALL TRAINING CAMP 2022  
NOVEMBER 17-26, 2022  
SUN PEAKS RESORT, BC, CANADA

COST- \$1950 USD

Includes: Van transportation to and from Bend, 1 night travel lodging Nov 17 in Abbotsford, B.C.

If parents want to travel to Sun Peaks, call ahead for 20% off any Bear Country Management Properties in Sun Peaks. Mention you are with the MBSEF PARENTS GROUP (250) 578-6969. MBSEF camp cost for athletes traveling and lodging/eating with parents is \$1200 USD. This price includes athlete lift tickets, coaching, lane space, and other camp activities as planned.

COACH AND ATHLETE LODGING: Cahility Lodge-Motel room w/2 queens-1 person/bed. 3220 Village Way, BC, Canada V0E 5N0. Ski in ski out, with wax room in heated underground garage.

MEALS: Full meal package(B,L,&D), on site. Meal plan starts with dinner on the Nov 18 & ends with breakfast on Nov 26.

Bring food money for 2.5 travel days

TRAINING: 7 full days skiing- AM & PM skiing, SL, GS, Directed freeskiing  
Training lane/lift for gates  
Freeski run/lift for warmup, drills, freeskiing  
Bring SL & GS training equipment & winter clothing  
Bring tuning and waxing tools- we supply tables & vices

STAFF: Nils Eriksson, Keenan Seidel, Ian Lambert, Lily Bouchard

CANADA BORDER CROSSING – YOU ARE RESPONSIBLE TO READ/UNDERSTAND ALL RULES/REQUIREMENTS SO YOUR ATHLETE WILL NOT BE DENIED ENTRY/EXIT AT THE BORDER.

Crossing at Sumas, northeast of Bellingham, WA

Requirements: Current Passport- can use Birth Certificate + Photo ID for juniors  
Vaccination Card- Must be uploaded to ArriveCAN app (APP Store) within 72 hours of arriving at the border.

CANADA - Go to [cbsa-asfc.gc.ca](https://cbsa-asfc.gc.ca) for entry information/rules.

USA - Go to: [help.cbp.gov](https://help.cbp.gov) - for return information/ rules. Minors need to have a signed travel permission letter we will make available to download.

Register online at [mbsef.org](https://mbsef.org), races/events/trips/camps button, registration deadline **October 15**, if you are planning on going.

New for this year – We will be offering a Sun Peaks camp for our Mini World cup athletes. Information on MWC Thanksgiving Camp will follow next week.