

2023-2024 Freeride Development Ski Team

The Freeride Development Ski Team is the foundation of the MBSEF Freeride Ski Team. Skiers age 8 - 14 develop their freeriding skills and are introduced to the fun of competition. The focus of this program is to have fun while taking your skiing to the next level. MBSEF provides a coaching staff certified by the Professional Ski Instructors of America (PSIA).

The Freeride Development Ski Team is designed to progress and develop skills and to produce well-rounded all-mountain skiers. Training focuses on terrain park, halfpipe, rails, and freeriding skills. Skiers are grouped with others of similar age and ability. This program is held on Saturday and/or Sunday, and also has a Wednesday afternoon option. On-snow times are 10:00-3:00 for weekends, and 12:30 to 4:00 Wednesday.

There are two or three contests during the season for all Freeride Development Team members, slopestyle, boarder/skier cross, and halfpipe. The competitions are focused on fun and camaraderie. Skiers are encouraged to participate. Contest dates will be published and communicated during the fall.

Saturday/Sunday 10:00am - 3:00pm On Snow December 9- March 17
Wednesday 12:30pm - 4:00pm On Snow December 6 - March 13
Early Bird Pricing in Effect Jun 30-Oct 14, Regular Pricing Effective Oct 15

WINTER & SPRING BREAK CAMPS

These camps are for MBSEF Team riders and we encourage everyone to attend. You'll be surprised at how much progress you can make when you train for 3 or 4 consecutive days. The Winter camp is especially helpful to get an early start on the season. The two camps are included in the program fee.

<u>Camp</u>	<u>Dates</u>	<u>Time</u>	<u>Fees</u>
Winter	12/18-12/20	10:00 - 2:00	included
Spring Break	3/23-3/26	10:00 - 2:00	Included

Required Ability Level: Level 5 = proficient all-mountain rider, desire for freestyle riding including jumps, rails, boxes, halfpipe.

<u>Season Passes or Lift Tickets</u>: All participants will be responsible for their own season passes or lift tickets. Purchase season passes early through Mt. Bachelor to receive the largest savings.

Equipment: All program riders are required to have their own equipment (twin tip skis). Riders are required to wear helmets while training. Equipment can be obtained at considerable savings by attending the Skyliners Ski Swap in October (an MBSEF fundraiser). Local Central Oregon ski and snowboard shops also offer a variety of retail and lease equipment options.

<u>Transportation</u>: Transportation is the responsibility of the participant. Mt. Bachelor operates a shuttle from the Park-n-Ride. Check with Mt. Bachelor for current schedules.

<u>Fall/Winter/Spring Trampoline Dryland Conditioning</u> is encouraged for Development Team riders. See Fall Dryland flyer for more details.

For 2023-2024 registration forms visit mbsef.org