

## 2025-2026 Nordic Adventure Development Ages 11-16

Adventure Development - This program is intended to bridge the gap between our developing younger skiers, and our competition focused older ones. The big distinction being that, while this group is still focused on growing in our sport, it is not purely competition driven. Having fun on skis, building new skills through new challenges, while also doing our work to improve fitness and technique are the main goals of Adventure Development. All are welcome, from older U12 skiers, who have never raced and might be looking to experience Nordic competition for the first time, to U16 skiers who want to continue developing their skiing outside of the competitive sphere. Exploration of our sport, with the experiences, athletic development, and joy that it brings are the name of the game here!

The PRO team 2 and 4 day offerings include the costs of coaching fees and OISRAN PROvisional registration. Race travel is not included in program fees. The "PRO" team is for skiers who race the OISRAN high school races as "pro-visional" athletes and have expressed a desire to pursue more competitive experiences.

Training days offered: Wed/Thu/Sat/Sun. Note: Thursday session is geared to experienced skiers only. Some training will be after dark with headlamps.

Nordic Adventure Development Winter Session Dec 10-Feb 22 1, 2, 3, 4 day/week Wed/Thu/Sat/Sun Nordic Adventure Development PRO Winter Session Dec 10-Feb 22 2, 4 day/week Wed/Thu/Sat/Sun

**Family Thanksgiving Camp:** Tentative Dates November TBD at Silver Star, BC, Canada, details announced in the Fall.

**Trail Passes:** All participants will be responsible for their own passes. Purchase passes early through mtbachelor.com. Depending on weather and snow conditions, some training may be at Meissner at lower elevation.

**Racing Opportunities:** <u>Alhough MBSEF supports and encourages skiers to compete, racing is not required and a</u> <u>significant number of participants of the Adventure Development Program do not compete</u>. MBSEF will attend the PNW Championships, and the Junior Olympic Qualifying races. The racing calendar will be posted in the Fall. Coaching will be available for racers and non-racers on race days at Mt. Bachelor. Logistics, costs, and schedules for travel to out of town events will be announced prior to each event.

**Transportation:** We are able to offer van transportation for Adventure Development athletes. Transportation is limited to 20 athletes per day, first come first served. The Transportation Form lists the fee.

**Equipment:** Skiers need their own equipment (skating and classic skis, poles and boots) for all programs. Equipment can be obtained at the MBSEF Skyliners Ski Swap in October, Sunnyside Sports, Webcyclery, Mt. Bachelor, and occasionally loaner equipment is available at MBSEF. Program staff will keep you updated on other equipment opportunities. All participants will be responsible for their own trail passes. Purchase passes early for the lowest price at mtbachelor.com.

## For 2025-2026 online registration visit mbsef.org